Is a dull, constant backache slowing you up? Are you tired and achy—tor-tured with sharp, stabbing pains? Do you find it impossible to be happy or enjoy your work? Then, look to your kidneys! When they weaken, the system becomes overloaded with uric acid and backache, sharp pains, headachen, dizzy spells and urinary disorders naturally follow. Help your kidneys with Doon's Kidney Pills. Doon's have brought new health to thousands.

An Illinois Case



Mrs Iten Korte,
N. Market Ht.,
Waterloo, Ill.,
says: "I had a
sore and I a me
back from kidney disorder. My
back ached and
to stoop over was
extra pain. When
I stooped I had
diminese an d
specks before my
eyes. I was run
down and I know
it was kidney

down.

beat 'em all."

worth living.

DOAN'S THE POSTER-MILBURN CO., BUFFALO, N. V.

Dried Vegetables.

The government bureau of chemistry is trying to popularize the "debydrated" vegetables which are beginning to be sold for soup mixtures. It is thought that these mixtures of vegetables, which are absolutely water, and Mrs. White suffered from is probfree, might be used to great advantage by housewives. They are quite as good might be consumed in describing the for soups as fresh material and far cheaper. One hotel to which sample packages were sent for trial reported that one pound of the stuff made 125 The only important obstacle to the introduction of these concentrated soup vegetables seems to lie In the difficulty of overcoming old prejudices Philadelphia Ledger.

"In you know how to play bridge?" I wouldn't go so far as to claim that I play however."

Skin Tortured Babies Sleep Mothers Rest After Cuticura Soap 2Sc, Ointment 25 and 50c, Talcum 2Sc.

Pesky Devils Quietus 🕽 P. D. Q.

P. D. Q. Pesky Devits Quietus, is the name of the new chemical that actually ends the bug family. Bed Rugs. Roaches, Anta and Fleas, as P. D. Q kills the live ones and their eggs and stops future generations. Not an insect powder but a chemical unlike anything you, have ever used.

A. Z. cent package makes M cent package makes quart and each package alts a patent spout to get Pesty Levils in the cracks Tour druggist has it or he can get it for you Mailed pre-can get it for you Mailed pre-paid upon receipt of price by the Owl Chemical Was, Terre Haute, Ind.





DARLING BABY **BRIGHTENS HOME**

Children's Laughter a Pleasing Sound



Altoona, Pa.—"I am writing to tell you what Lydia E.
Pinkham's Vegetable Compound has done for me. We had six children die almost at birth. From one hour to nine teen days is all they have lived. Before my next one was born I took a dezen bot ties of your Vegetable Comthe greatest medicine on earth, for this baby is now four months old, and a healthier baby you would not want. I am sending you a picture of her. Everybody says 'That is a very healthy looking baby.' You have my onsent to show these few lines to anybody."—Mrs. C. W. BENZ, 131 3rd Avenue, Altaona Pa. Altona Pa

Mrs. Janssen's experience of interest to childless wives. Millston, Wis.—"I want to give you a word of praise for your wonderful medicine. We are fond of children, and for a considerable time after we were married I feared I would not have any. I began taking Lydia E. Pinkham's Vegetable Compound, and it strengthened me so I now have a nice, strong, healthy baby girl. I suffered very little at childbirth, and I give all the credit to your medicine, and shall always recommend it highly."—Mrs. H. Janssen, Millston, Wis.

Mrs. Held of Marinette, Wis., adds her testimonial for Lydis E. Pinkham's Vegetable Compound. She says:

Marinette, Wis.—"I was in a nervous condition and very irregular. My doctor advised an operation. My husband brought me one of your booklets and asked me to try Lydia E. Pinkham's Vegetable Compound. It overcame my weakness so that I now have a healthy baby girl after having been married nine years. I am glad to recommend your medicine, and you may use my letter as a testimonial."—Mrs. H. B. HELD, 330 Jefferson St., Marinette, Wis.

There are many, many such homes that were once childless, and are now blessed with healthy, happy children necause Lydia E. Pinkham's Vegetable Compound has restored the mother to a strong and healthy condition, as it acts as a natural restorative for ailments as indicated by backache, irregularities, displacements, weakness and nervousness.

Women everywhere should remember that most of the commoner allments of women are not the surgical ones—they are not caused by serious displacements or growths, although the symptoms may be the same, and that is why so many apparently serious ailments readily yield to Lydia E. Pinkham's Vegetable Compound, as it acts as a natural restorative. It can be taken with perfect safety and often prevents serious troubles.

Therefore if you know of any woman who is suffering and has been unable to secure relief and is regretfully looking forward to a childless old age, ask her to try Lydis E. Pinkham's Vegetable Compound, as it has brought health and happiness into se many homes once darkened by illness and despair

Lydia E. Pinkham's Private Text-Book upon "Allments Poculiar to Women " will be sent to you free upon request. Write to The Lydie E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

COULD BEAT HANDS STAKE TOMATOES FOR FEDERAL GRADES SHUCKING HIS CORN Plants Are Thus Held Off Ground

At Least J. A. White Would Bet

Dyspepsia by Tanlac.

So, After Being Relieved of

"My wife and myself have bad

R. F. D. No. 6, near Lexington, Ky.,

"We could not see anything with-

sleep at night. We were regular nerr-

ous dyspeptics. We tried many rem-

edies without permanent benefit anti-

we heard of Taninc. I got this medi-

cine and began using it. We noticed

immediate results. We are both great-

credit for the change of health to Tan-

I meant it and believe I could have

victims of chronic dyspepsis.

where - Advertisement.

Virgin Islands Produce Long-Staple

Variety That Is Almost Extinct

in the United States.

States Department of Agriculture.

Primitive Finance.

days, came to Milledgeville to see

don't blame them," said Mr.

of send cotton

Of all the maladies that afflict hu-

"I personally feel so good that I told

lac. It is a remarkable medicine.

and Kept Clean.

In Pruning Remove All Side Shoots and Suckers, Leaving Only Main Stem-Small Saplings Are Good and Inexpensive.

Prepared by the United States Department of Agriculture.

stomach trouble," says Mr. J. A. White, residing on the Leestown Pike, It generally pays to stake and prune "and have both been aervous and rus the tomatoes grown in the small home garden because by this method the fruit is held off the ground and is out suffering afterwards and could not tiean a targer number of comate plants can be grown on a given space and the fruit generally ripens cartles han if the plants are allowed to grow is the natural way. In pruning the plants all side shoots and suckers are removed, leaving only the main stem ly improved by Tanlac. We give all with its leaves and clusters of fruit. it is easy to determine which are the side shoots and which are the young blossom clusters because the shoots my hands a day or two ago that I spiear directly in the little pocket could beat any of them shucking corn. where the leaf joins the stem, while the fruit clusters appear on the naked side of the stem where there is no



Tomato Vines Tied to Stakes Produce Cleaner Fruit Than Those Permitted to Trail on the Ground.

lenf. Pinch out the side shoots but Cotton raising has become one of be careful not to injure the blossom

the principal industries of the Virgin or fruit clusters. islands, Uncle Sam's newest territorial | Tomato stakes should be from 4 possession according to Bulletin No. 1, to 6 feet long and 1 to 1% inches Sea Island Cotton in St. Croix, of the through at the thickest part. They Virgin Islands agricultural experiment may be small suplings out in the woods station, just issued by the United and sharpened at one end, or they may be split from a log that is free from Sea Island cotton, the much-prized, knots. Sometimes strips of waste malong staple variety which has been ren-terial from a sawmill or planing mill, dered almost extinct in concinental known as eigings are used. It makes United States by the boll weevil, is little difference so long as the stakes the basis of the Virgin Islands industry, are strong enough to support the The area devoted to it, while as yet plants and are inexpensive. The stakes small, produced an average yield of should be driven firmly into the 1.000 pounds of seed cotton to the acre ground, one on the north side of each in 1919 and 1920. One of the plats at tomato plant, and the plants tied to the government experiment station them once a week during the active produced at the rate of 4,450 pounds growing period with soft cord or narrow strips of muslin. Sometimes the the stakes and then hang over until the tip will touch the ground clusters In Georgia they tell of an old of fruits being formed all along the farmer, who, in the wildcut banking stems,

Twenty five to 50 tomato plants Robert Toombs, who, at the time was trained to stakes will supply the aver-"Hob," said the old farmer, "the age family with all the tomatoes needed for use while fresh, also for folks down our way wants more canning. It pays to go to some little trouble to have them early, also to stake and prune them so that the Toombs 'but how are they going to quality will be the best.

NEAT TRICKS IN GARDENING

One of Best Is Laying Board Over Row of Seeds to Start Them and Hold Moisture

out fast a good, common sense garto flood the furrow with water and atdry earth. Slightly packing or firming the dry soft over the sceds will help to bring the moisture to the surface and make the seeds grow, tlarden tricks are easy to perform-try shippers and teceivers a few and see the results in the form of fresh vegetables for the table it means better to ing

PLAN SEEDBED FOR ALFALFA

Plenty of Good Barnyard Manure Should Be Applied If Soil Lacks Humus and Fertility.

If you are planning a five or tenacre field of alfalfa, and you ought to plan it if you do not already have alfulfa, see that the ground is made ready in good shape. Alfalfa needs a hospitable soil, but it isn't so hard to make a soil pretty fairly hospitable. Apply lime if the soil is acid, and plenty of good barnyard manure if it lacks fertility and humus. Then remember this: You eannot get the seedbed too fine for alfalfa; this crop needs a firm, fine seedbed and to get the very best results, you should see that it gets what it needs.

Must Grow Timber.

You can't start forests from stumps. any more than you can start wheat from stubble. If we are to have timber in the future, we must grow it as systematically as any other crop.

Binder Repairs

Whenever any part of the binder should be put on

Gather Eggs Often. Eggs that are gathered often, kept dean and cool and are candled and eraded bring better prices at the mar-

Organizers of Co-operative Associations Fail to Recognize Value of Standard,

HIGHER PRICES ARE SECURED

Florids Growers Pack Cucumbers Through Central Packing House Thus Insuring Uniformity of Product.

Prepared by the United States Department of Agriculture.) Sirowers of Truits and vegetables ere appreciating more and more the benefits possible through organization to sourketing their products. It is estimated that there are 14,000 farmers' cooperative buying and seliing associations in the United States which about 2,000 represent fruit and vegetable interests.

Will Find Bureau Grades Helpful.

Where the association is organized for the purpose of selling, the organizers often lose sight of the fact that some standard must be adopted for marketing their products. Individuals or organizations will find the recommended or proposed grades formulated by the bureau of markets. United States Department of Agriculture, very helpful as a basis for their packs or brands.

One Florida truck growers' association adopted this past season the tentative United States grades for encumbers as a basis for their "Fanct" and "Choice" packs, marketing then under their leading brand. An investi gator of the bureau of markets inspecied the association pack and the individual shipper's pack and advised with them when any doubtful points concerning grades were raised. This inspection service gave the bureau of markets an opportunity to determine in the field whether the grades as formulated would be practical, at least under Florida conditions.

The association packed all cucumbers through a central packing stied. each grower's product thus being graded by a disinterested person. This made for uniformly of the product. Every car loaded by the association was approximately 4 to 5 per cent within the grade requirements. Nearly every car inspected outside the central



tomate plants will reach the tops of Cucumbers Uniform in Size, Shape and Coloring Are Much More Attractive Than Defective Specimens.

> ing 3 to 20 per cent in excess of the it) per cent tolerance allowed for defective or cull stock

received by association members for stock packed under Federal grades through their central packing house and prices received by farmers outthe accompanying table are f. o. b. Lumbago, and for Pain. Handy tin Ten. Year-Old Quickly Seized on Weak car tots in toshel hampers.

loaded on the street because it is sait because few cents. Druggists also No straight cars of No 3 were customary to include a certain portion of such cucumbers in both the No. 1 Monoaceticacidester of Salicylicacid. forts to describe properly the toothand No. 2 grade.

Grades Fixed on Some Products

There are a great many little tricks | The Bureau of Markets has officially that should be learned and practiced recommended grades for purator by the gardener. It is not necessary sucher potatoes strauberries northern. Chicago Man Reports Success in Novel years has been able to provide the to be a wirard to practice these tricks grown onlors. Hermuda onlors, and formulated tentative grades for dener. One of the best of these is the harrolled apples cabbage, teaches, to use of a board laid over the row of matters encumbers lettuce celery and seeds for a few days after planting to asparingus. These grades are the re- to city uses the other day when a - after sainly trying for some time hold the moisture and make the seeds suit of investigations conducted in south-soler who once rode the make to drive an obstreperous ben from start during dry weather. Another is the feating fruit and vegetable seclow it to weak into the soil before the adoption of such definite grades from worked for and now the fellie. His father remarked that if Gendropping the weeks, then cover with he fruit and secretable shippers mimals get the air every day at the erat Dershing had given up that east whether individuals or associations, ends of tether roses. would assist very materially in increasing returns and no doubt tend time he opened the cellar door the was different. The Germans knew toward better understanding between leds made a break for the open fire what General Pershing was trying to

DISCARD ALL BOARDER HENS serviced lines, He thought was not Please help an unfortunate man."

a surveys, as the cuts slipted the school the beggar. in Small Flock Owner Can Determing number from their necks. He then by Observation Which Fowle evolved a semi-horble plan and fied asked the crusty old gentleman Are Layers. the heavy string to one of the cat's hind logs, attaching the other end of "Two t you try to make me believe

In any flock some hers will be the string to a stake driven in the you are a war hers. found to be much better producers back yard. than others. Often there are a few hens that are such poor layers that it now every day three of the cats take smart as you are," said the beggar. doesn't pay to keep them. Where the their exercise around their tether with an insinuating air. "I was struck flock is small the owner our determine stakes - Chicago Journal. by observation which heas are merely boarders; and these are the ones to

-----WAR ON INSECTS

Preventive measures are best against insect enemies. Rotate the crops, avoid introducing insects and diseases, practice frequent cultivation and employ fertilizers to stimulate plant growth. A vicocously growing garden may produce a crop in spite of injurious insects, but in nghting insects be thorough.

Suffer From Parasites

Sheep, while practically immune shows an excessive amount of wear from tuberculosis, suffer more than which cannot be removed by making any farm animal from parasites. They the proper adjustments, a new part are also free from most bacterial dis-

> Remove Tusks From Boar. In handling the boar it is always desirable to remove his tunks, for one sever knows at what time be will be me unruly or vicious.



ALCOHOL - 8 PER CEPT. A Wel-claide Proposition Rein-nimitation the first by Bright-ling the Stannels and Booth of

INDANAS CHILDREN Theseby Promoting Marchine Cheerfulness and Best Commo neither Opions. Morphine on Mineral. NOT NARCOTE The of the SHEET POOR 臺

A helpful Bennety for Constipation and Diarrie and Feverishness and LOSS OF SLEEP ting herefrom in blass Pac Sinde Signature of CH. HOEL THE CENTAGE COMPACE.

NEW YORK.

At 6 months old

35 Doses 40Cents

Exact Copy of Wrapper

Children Cry For STORIA

Special Care of Baby.

That Baby should have a bed of its own all are agreed. Yet it is more reasonable for an infant to sleep with grown-ups than to use a man's medicine in an attempt to regulate the delicate organism of that same infant. Either practice is to be shunned. Beither would be tolerated by specialists in children's diseases.

Your Physician will test more about the delicate organism of the property of the statement of the same of the statement of the same of

Your Physician will tell you that Baby's medicine must be prepared with even greater care than Baby's feed.

A Baby's stomach when in good health is too often discrenged by improper food. Could you for a moment, then, think of giving to your ailing child anything but a medicine especially prepared for Infants and Children? Don't be decrived.

Make a mental note of thist—It is important, Mothers, that you should remember that to function well, the digestive organs of your Baby must receive special care. We Baby is so abnormal that the desired results may be had from the use of medicines primarily prepared for grown-ups.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Blood Is the Sap of Life;

Keep It Pure

You grow by good blood as a tree gets run down and weak-easy prey grows by sap. Rich blood, robust for disease. To be safe, keep the man. Good sap, sturdy tree. Keep circulation wholesome. the blood healthy and wholesome; For this S.S.S., the famous vege-

poor, impoverished blood cannot nourish the body USED 50 YEARS or remove the waste as

nature intended. When your blood is impure, itching, flaming skin eruptions often FOR THE BLOOD break out, and your body

ASPIRIN

Name "Bayer" on Genuine

years and proved safe by millions.

Take Aspirin only as told in the Bayer

package for Colds, Headache, Neural-

gia, Rheumstista, Earache, Toothache,

boxes of twelve Payer Tablets of As-

trade mark of Bayer Manufacture of

CATS CONFINED TO "RANGE"

Plan for Keeping Pete From

Straying Far Affeld.

quently staying many for dury and do-

returning with blackened eyes and

People oughtn't to be hero wor-

it is a moral benefit

shipers. And when they are fooled.

A poor man may be a crank, but a

table blood remedy your druggist keeps, is excellent. Start enriching your blood with S.S.S. today, and write about your condition to Chief Medical Advisor, 838 Swift Laboratory, Atlanta, Ga.

Large English Cathedral.

The new cathedral, now being built in Liverpool, England, when completed. will be the largest in the country, with seating accommodation for fully 8,000 tersons. It was commenced in 1904.

NOT A PROPER COMPARISON

Point in Argument Put Forth

Writers have long sted in their ef-

someoess, as well as the downright

stopidity, of the ordinary domestic

Lawrence age ten for a number of

due appreciation of the former, but

it was only recently that the latter

ily by never would have driven the

What's the matter with you?

"I didn't say that, sir, and I wouldn't

Many a woman who can swim is

"I was injured during the war."

mingham Age Herald.

unable to get in.

most ample concrete evidence of his

by His Daddy.

Women FARMERS ARE WORKING HARDER Made Young And using their fect more than ever before. For all these workers the frequent use of Allen's Foot-Ease, the antiseptic, besing powder to be shaken into the show and sprinkled in the foot-bath, increases their efficiency and insures needed physical comfort. Allen's Foot-Ease takes the Friction from the Show keeps the shoe from rubbing and the stockings from wearing, freshens the feet, and prevents tired, ashing and blustered feet. Women everywhere are constant users of Allen's Foot-Ease. Dust are not getting genuine Aspirin preserved by physicians for twenty one were used by our Allen's Foot-Ease. Where than One Million five hundred thousand pounds of Powder for the Feet were used by our Army and Navy during the war. Solid everywhere.

I am well."

Bright eyes, a clear skin and a body full of youth and bealth may be yours if you will keep your system order by regularly taking

Stomach

on Strike

Estonic Settled It1

"Eatonic is wonderful," mys C. W.

Eatonic gets right after the cause of

stomach troubles by taking up and carrying out the acidity and gases and

of course, when the cause is removed, the sufferer gets well. If you have

sourness, beiching indigestion, food repeating or any other stomach trouble, take Entonic tablets after each meal and find relief. Big box

costs only a trifle with your druggist's

Burton. "I had been a sufferer from stomach trouble for 20 years and now

20 Years

GOLD MEDAL

The world's standard ren Ever, bindder and uric ac binder and uric acid troubles, the





Vestern Ganada by a truck in the fall of 1917."-Bir-Land of Prosperity fortillo Land at \$35 to \$30 on As

A Gift from Nature's Storehouse The delicious, crisp granules of the wheat and barley food

This system proved effective and tes to improve on a gentleman who's as

Another resterp idea was adapted was trought forethly home to him.

on the tuberado plateaux staked out the earsten he called to his father

his cats to keep them at home. The "I man't get this old hen out?

The cut owner found that every | Lawrence promptly replied:

Grape:Nuts

contain all the natural up-building values of the grains including mineral salts so essential to health

A food equally well suited to the requirements of young and old.

"There's a Reason" for Grape Nuts Sold by process everywhere